

14-DAY ADVENTURE IN PERU

THE AMAZON & THE SACRED VALLEY OF THE INCAS

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DAYS 1 - 7

AMAZON RAINFOREST

WE BEGIN OUR JOURNEY IN THE AMAZON JUNGLE OF IQUITOS VISITING A SHIPIBO FAMILY TO WORK WITH THE AYAHUASCA PLANT MEDICINE PROTECTED BY THE NATIVE WISDOM CARRIERS. MATILDE (45 years of experience) AND HER FAMILY LIVE TOGETHER IN THEIR CENTER AND WILL WELCOME US INTO THEIR HOME FOR THE FIRST 7 DAYS WHERE WE WILL HAVE 3 AYAHUASCA CEREMONIES AND A MASTER PLANT DIETA CHOSEN BY THE MAESTRA



DAYS 7 - 14

SACRED VALLEY

JUST 15 KM NORTH OF CUSCO IS THE SACRED VALLEY, SITUATED IN THE URUBAMBA RIVER VALLEY. WITH CITIES LIKE PISAC AND OLLANTAYTAMBO, THE SACRED VALLEY, ALSO KNOWN AS THE SACRED VALLEY OF THE INCA, IS HAILED AS ONE OF SOUTH AMERICA'S MOST IMPORTANT HISTORICAL SITES AND WAS EXTREMELY IMPORTANT TO THE INCAS. ANCIENT RUINS, BEAUTIFUL LAGOONS, BREATHTAKING RUINS AND DELICIOUS ORGANIC FOOD GIVE THIS PLACE A UNIQUE ATMOSPHERE.



DAY 8

CUSCO & DESPACHO

LANDING IN THE INCA CAPITAL,
WALKING THROUGH THE TOWN,
GETTING TO KNOW THE LOCAL CUISINE,
VISITING THE RUINS OF SACSAYHUAMAN,
BUILT FROM HUGE MONOLITHS, USING
METHODS NOT EXPLAINED TO THIS DAY.
TRADITIONAL DESPACHO CEREMONY
WITH Maria Apaza 98 YEAR OLD
AL TOMISAYOQ OF Q'ERO NATIO, AN
OFFERING FOR MOTHER EARTH TO ASK
FOR ENTRY FOR THE GROUP AND A SAFE
JOURNEY





DAY 9

PISAC

PISAC IS A BEAUTIFUL SMALL TOWN IN THE SACRED VALLEY, WHICH IS CHARACTERIZED BY COLONIAL ARCHITECTURE, DELICIOUS FOOD, STORES FULL OF HANDICRAFT, GOURMET RESTAURANTS, CAFES AND SPIRITUAL TOURISM. WE WILL ALSO VISIT THE CHARACTERISTIC, ANCIENT CULTIVATED TERRACES AND PICTURESQUE RUINS THAT ARE ONE OF THE BEST PRESERVED ONES IN ALL OF PERU. WE WILL WALK DOWN TO TOWN AND HAVE A DINNER BEFORE THE SUNSET.



DAY 10

ECSTATIC DANCE & SPA

ECSTATIC DANCE IS A GROWING MOVEMENT ACROSS THE WORLD OF PEOPLE COMING TOGETHER TO DANCE IN A CEREMONIAL WAY. PROVEN TO BE A GREAT INTEGRATION TOOL AND ONE OF THE BEST PSYCHO SOMATIC WAYS OF RELEASING TRAUMA FROM THE BODY. WE MEET IN ONE OF THE MOST BEAUTIFUL TEMPLES IN THE WORLD TO GO ON A SOUND JOURNEY WITHOUT ALCOHOL OR DRUGS. AFTER THE DANCE WE RELAX IN A SPA.

DAY 11

WATERFALLS & RUINS

EXPEDITION TO THE LARGEST NEARBY WATERFALL PEROLNIYOC AND THE RUINS OF NAUPA IGLESIA. THE WATERFALL WAS A SACRED PLACE FOR THE INCAS, A SMALL FORTRESS WAS BUILT ABOVE THE WATERFALL AND PRAYERS WERE GIVEN TO WATER DEITIES. THE WALK COVERS BOTH LOCATIONS. THE RUINS OF NAUPA IGLESIA IS ONE OF THE MOST IMPORTANT PORTALS THAT SERVED ANCESTORS AS A HOLY PLACE FOR CEREMONIES AND COMMUNICATION WITH MOUNTAIN SPIRITS. NAUPA IGLESIA IS AN ALTAR AND A DOOR LEADING INTO THE MOUNTAIN, CUT IN THE SOLID ROCK OF A BEAUTIFUL CAVE.



DAY 12

RAINBOW MOUNTAIN

LOCATED IN THE PERUVIAN ANDES OF CUSCO, JUST 3 HOURS FROM THE HISTORIC CENTER, RAINBOW MOUNTAIN BECOMES PERU'S MAIN ATTRACTION. AS YOU MIGHT GUESS, THE MOUNTAIN IS FAMOUS FOR ITS NATURAL, MULTI-COLORED BEAUTY AT A STUNNING HEIGHT OF 5,200 METERS ABOVE SEA LEVEL. THIS RAINBOW LOOK IS CREATED BY DEPOSITS OF MINERALS THROUGHOUT THE AREA THAT GIVE THE TOP TURQUOISE, LAVENDER, GOLD AND OTHER COLORS.

IT WAS ONLY RECENTLY DISCOVERED DUE TO THE MELTING OF SNOW, WHICH REVEALED A HIDDEN GEM THAT IS STILL CONSIDERED SACRED BY MANY TODAY. SINCE ITS DISCOVERY, RAINBOW MOUNTAIN HAS SLOWLY BEGUN TO GAIN POPULARITY, AND HAS EVEN BEEN INCLUDED IN NATIONAL GEOGRAPHIC'S "100 BEST PLACES TO VISIT BEFORE YOU DIE" LIST.



DAY 13

SAN PEDRO PILGRIMAGE

WE GO TO THE SACRED KINSACOCHA LAGOON TO JOURNEY WITH THE GRANDFATHER MEDICINE OF WACHUMA / SAN PEDRO. THE PLACE IS A REAL TEMPLE OF NATURE AND A SACRED PLACE TO THE LOCAL PEOPLE. WE WILL WALK, MEDITATE, PRAY, SHARE AND CONNECT WITH THE NATURE AND OURSELVES. WACHUMA IS A GREAT MEDICINE TO GROUND AND TO INTEGRATE THE JUNGLE AYA EXPERIENCES. WE FINISH THE DAY WITH A LOCAL FAMILY AND FOOD.



DAY 14

MACHU PICCHU

MACHU PICCHU IS AN INCA CITADEL LOCATED HIGH IN THE ANDES IN PERU, ONE OF THE WONDERS OF THE WORLD LOCATED ABOVE THE URUBAMBA RIVER VALLEY. BUILT IN THE 15TH CENTURY AND LATER ABANDONED, IT IS FAMOUS FOR ITS SOPHISTICATED DRY STONE WALLS THAT CONNECT HUGE BLOCKS WITHOUT THE USE OF MORTAR, THE BUILDINGS WERE BUILT ACCORDING TO ADVANCED ASTRONOMY. THE FORMER USE OF MACHU PICCHU REMAINS A MYSTERY.



WHAT'S INCLUDED?

14 DAYS, FULL CARE, GUIDE,
TRANSLATOR, TRANSPORT,
ENTRANCE TICKETS (INCLUDING
MACHU PICCHU AND TRAIN),
FOODE (3 MEALS A DAY),
ACCOMMODATION.
PREPARATION AND
INTEGRATION SESSIONS BEFORE
EACH CEREMONY AND AFTER
THE RETREAT

NOT INCLUDED:
INTERNATIONAL AND NATIONAL
FLIGHTS (LIMA - IQUITOS,
IQUITOS - CUSCO, CUSCO - LIMA)

OPTIONALLY AVAILABLE:
KAMBO SESSIONS
MUSHOOMS
DMT (CHANGA/HUILCA)
MASSAGES

PRICE:

\$ 2,222 / person.

(half transferred when confirming the spot)